

30 Tablets/ 30 days supply  
One-a-day vitamins & minerals  
for all of pregnancy

**MOST RECOMMENDED BY  
MIDWIVES\***

**Pregnacare**  
original

UK's  
**No 1**  
PREGNANCY  
SUPPLEMENT  
BRAND

with 10µg  
Vit. D3

The No.1 Prenatal Formula

**Vitabiotics**  
**Pregnacare**  
original

Expert nutritional care  
through all of  
**pregnancy**



A careful balance of  
**19 vitamins & minerals**  
**Folic Acid, D3, B12**  
400µg 10µg  
**Moderate Iron, Zinc**

**VITABIOTICS**  
SCIENCE OF HEALTHY LIVING

UK's  
**No 1**  
PREGNANCY  
SUPPLEMENT  
BRAND  
**30**  
day's supply

30 Tablets

- Slow disperse tablets
- Gentle on the stomach
- Suitable for vegetarians
- No gelatin
- Gluten free
- No artificial colours
- No preservatives
- No salt or yeast
- Pregnacare® is not tested on animals

**Effective Support Without Excessive Levels**

Because Pregnacare® has been specially formulated by experts for pregnancy, it contains certain nutrients at levels above the Nutrient Reference Value (NRV). All ingredient amounts are within safe levels for pregnancy.

- ✓ To protect your growing child, Pregnacare® avoids excessive levels of iron and other nutrients.
- ✓ Pregnacare® does not contain vitamin A, as high levels are not advised in pregnancy.
- ✓ Includes 10µg vitamin D3, the exact level recommended by experts for pregnancy.

BN  
MFT  
Best  
Before  
/ EXP  
END

**Nutritional care for mother and baby**

Worldwide studies have shown that extra specific nutrients such as folic acid and vitamin D may be necessary before and during pregnancy. **Pregnacare®** has been carefully developed to help safeguard dietary requirements, from the start of trying to conceive and during all of pregnancy.

**More than folic acid - for an all-round healthy pregnancy**  
Formulated by Vitabiotics nutritional experts, to include 19 important vitamins and minerals. With **400µg folic acid** and **10µg vitamin D3**, the exact daily levels as recommended by the UK Department of Health.

**Trusted support for mum's health**  
**Pregnacare®** contains a comprehensive formula to help safeguard all round health and vitality, as well as important nutrients for pregnancy. Folic acid contributes to **maternal tissue growth** during pregnancy. The unique formula also includes zinc which contributes to normal **reproductive health**.

**Effective support without excessive levels**  
To protect your growing child, **Pregnacare®** avoids excessive levels of iron and other nutrients. **Pregnacare®** does not contain vitamin A, as high levels are not advised in pregnancy.

Nutritional Information	Ave. per tablet	% EC NRV*
Vitamin D (as D3 400 IU)	10 µg	200
Vitamin E	20 mg α-TE	167
Vitamin K	70 µg	93
Vitamin C	70 mg	88
Thiamin (Vitamin B1)	3 mg	273
Riboflavin (Vitamin B2)	2 mg	143
Niacin (Vitamin B3)	20 mg NE	125
Vitamin B6	10 mg	714
Folic Acid	400 µg	200
Vitamin B12	6 µg	240
Biotin	150 µg	300
Pantothenic Acid	6 mg	100
Magnesium	150 mg	40
Iron	17 mg	121
Zinc	15 mg	150
Copper	1000 µg	100
Selenium	30 µg	55
Iodine	140 µg	93
Natural Mixed Carotenoids	2 mg	—

\*NRV – Nutrient Reference Value  
µg – microgram, mg – milligram, IU – International Units

Originally developed with  
*A. H. Beckett*  
**Prof. A. H. Beckett** OBE, PhD, DSc  
(1930-2010)  
Professor Emeritus, University of London  
Prof. Beckett is cited as a product inventor and former Chairman of Vitabiotics.

**DIRECTIONS**  
**ONE TABLET PER DAY, WITH YOUR MAIN MEAL.** Swallow with water or a cold drink and take with a main meal. **Not to be chewed. Do not exceed recommended intake. To be taken only on a full stomach.**  
**You can start taking Pregnacare® at any point during pregnancy.** This comprehensive formula replaces other **Pregnacare®** supplements and multivitamins. There is no need to take an additional multivitamin.  
**For further information contact:**  
Vitabiotics Ltd, 1 Apsley Way, London NW2 7HF. Tel: + 44 (0) 20 8955 2662  
**www.pregnacare.com**

30 Tablets/30 days supply

**FOOD SUPPLEMENT**  
Food supplements must not replace a varied and balanced diet and a healthy lifestyle.

As with other food supplements, seek professional advice before using if you are under medical supervision or suffer from food allergies.

**Allergy Advice:** For allergens, see ingredients in bold on base of carton. As **Pregnacare®** contains vitamin K, if you are taking oral anticoagulants (e.g. warfarin) do not take **Pregnacare®** except on the advice of a doctor. Vitamin K is not known to specifically interact with the action of aspirin or heparin.

The prenatal multivitamin brand midwives recommend most.

This product contains iron, which, if taken in excess, may be harmful to very young children.

Store below 25°C in a dry place, out of sight and reach of children.

Barcode  
5 010058089785

**Ingredients:** Bulking Agent: Dibasic Calcium Phosphate & Microcrystalline Cellulose, Magnesium Oxide, Tablet Binder: Polyvinylpyrrolidone, Vitamin C (Ascorbic Acid), Ferrous Fumarate, Polyvinylpyrrolidone, Potato Starch, Zinc Sulphate, Tablet Coating: (Hydroxypropyl Cellulose, Hydroxypropylmethyl Cellulose, Propylene Glycol, Ethyl Cellulose, Caprylic/Capric Triglycerides, Natural Source Colours (Titanium Dioxide, Iron Oxides)), Vitamin E Natural Source (as D-Alpha Tocopheryl Acid Succinate) (from **Soya**), Lubricants: Stearic Acid, Magnesium Stearate, Silicon Dioxide & Magnesium Silicate, Niacin (as Nicotinamide), Vitamin B6 (as HCl), Vitamin B12 (Cyanocobalamin), Natural Mixed Carotenoids (Betacarotene), Pantothenic Acid (as Calcium salt), Thiamin (Vitamin B1 as Mononitrate), Vitamin D3 (as Cholecalciferol Prep.), Copper Sulphate, Riboflavin (Vitamin B2), Vitamin K, Folic Acid (Folic Acid), Potassium Iodide, Biotin, Selenium (as Sodium Selenate). **Allergy Advice:** For allergens, see ingredients in **bold**.

STORE BELOW 25°C IN A DRY PLACE,  
OUT OF SIGHT AND REACH OF CHILDREN

- CYAN
- MAGENTA
- YELLOW
- BLACK
- PANTONE 355
- PANTONE 1655
- CUTTER GUIDE
- SPOT UV
- EMBOSS
- SILVER FOIL
- VARNISH: **MATT**
- REVERSE PRINT NEEDED? **YES**
- ANY ADDITIONAL FINISHING REQUIRED? **NO**

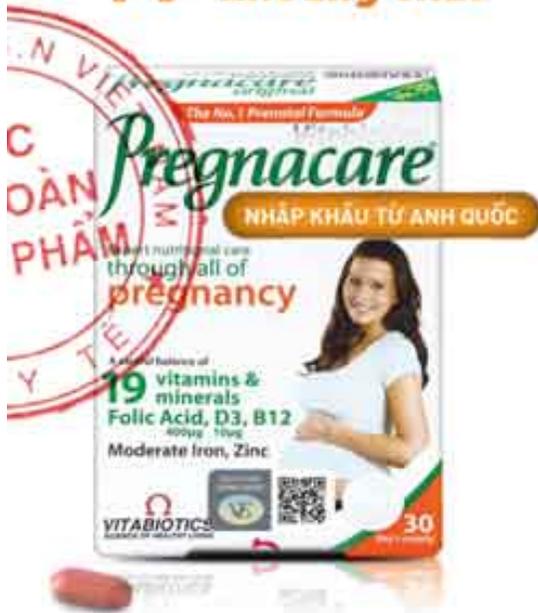
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# Thực phẩm bảo vệ sức khỏe Pregnacare<sup>®</sup> original

Hỗ trợ

## TĂNG CƯỜNG SỨC KHỎE Cho phụ nữ mang thai & cho con bú

Cung cấp đến  
**19** vitamin &  
khoáng chất



Phối hợp độc đáo

**Vitamin C + Vitamin E tự nhiên + Biotin  
+ Nicotinamide + Carotenoids tự nhiên**

hỗ trợ bà mẹ tăng cường sức khỏe và tự tin hơn trong thai kỳ

Thực phẩm bảo vệ sức khỏe **Pregnacare<sup>®</sup> original**



Không Màu Nhân Tạo



Không Chất Bảo Quản



Không Gluten



Sản xuất tại Anh Quốc



GIẢI THƯỞNG NỮ HOÀNG CHO DOANH NGHIỆP SỬ MƠI SÁNG TẠO

### MỖI VIÊN NÉN CÓ CHỨA

#### THÀNH PHẦN CHÍNH:

Magnesium Oxide, Vitamin C (Ascorbic Acid), Vitamin E Natural Source (as D-Alpha Tocopheryl Acid Succinate), Niacin (dưới dạng Nicotinamide), Sắt Fumarate, Kẽm Sulphate, Vitamin B6 (dưới dạng HCl), Pantothenic Acid (dưới dạng muối Calcium), Thiamin (dưới dạng Mononitrate), Riboflavin (Vitamin B2), Hỗn hợp Carotenoids tự nhiên (Betacarotene), Đồng Sulphate, Folacin (Folic Acid), Biotin, Kali Iodide, Vitamin K, Selen (Natri selenate), Vitamin D3 (dưới dạng Cholecalciferol Prep.), Vitamin B12 (Cyanocobalamin)

- **Công dụng:** Giúp bổ sung vitamin và khoáng chất cho phụ nữ mang thai và cho con bú, hỗ trợ tăng cường sức khỏe.
- **Đối tượng sử dụng:** Cho bà mẹ mang thai và cho con bú.
- **Liều dùng & cách dùng:**
  - Uống 1 viên/ngày.
  - Uống trong hoặc sau bữa ăn. Không uống lúc đói.
- **Đóng gói:** Hộp chứa 2 vỉ viên nén x 15 viên.

**Thực phẩm này không phải là thuốc và không có tác dụng thay thế thuốc chữa bệnh.**

**LƯU Ý:** Không sử dụng cho người mẫn cảm với bất kỳ thành phần nào của sản phẩm • Hỏi ý kiến bác sĩ trước khi dùng sản phẩm nếu bạn đang trong tình trạng phải theo dõi y tế hoặc bị dị ứng với thực phẩm • Sản phẩm có chứa vitamin K, nên không dùng nếu bạn đang uống thuốc chống đông (như warfarin) trừ khi đã hỏi ý kiến của bác sĩ • Thực phẩm bổ sung không phải để thay thế một chế độ ăn uống cân bằng, đa dạng và lối sống lành mạnh.

Sản phẩm của: VITABIOTICS LTD.  
1 Apsley Way, London, NW2 7HF, Anh  
Thương nhân chịu trách nhiệm về sản phẩm:  
CÔNG TY TNHH YE PHARMA (VIỆT NAM)  
Tầng 1, 60 Nguyễn Văn Thủ, P. Đa Kao,  
Q.1, Tp.HCM, Việt Nam

Phân phối bởi:  
CÔNG TY TNHH DƯỢC PHẨM & TBYT HOÀNG ĐỨC  
12 Nguyễn Hiến, P.4, Q.3, Tp.HCM, Việt Nam



Có **tem chính hãng** trên tất cả vỏ hộp sản phẩm **Vitabiotics chính hãng**

Tham khảo thêm thông tin tại [www.vitabiotics-vn.com](http://www.vitabiotics-vn.com)  
ĐT: 028 38 229 714

Số GTN đăng ký bán CBSP: 4140/2020/BKSP  
Số OXN Nội dung Quảng cáo: \_\_\_\_\_  
Ngày cấp phép: \_\_\_\_\_